Here’s your new Smart Energy Tracker
Let’s get started
Meet your new Smart Energy Tracker

Your Smart Energy Tracker connects with your smart meter and gives you lots of useful information about your energy use. It can help you to:

- See how much energy you’re using
- Translate kWh into pounds and pence
- See how much you’re spending
- Set targets for your energy use
- Take control of your energy use
- Watch target performance through coloured lights

You can carry your Smart Energy Tracker around the house, switch off appliances as you go and see straight away how that affects the amount of energy you’re using.

Important: Just make sure you put your Smart Energy Tracker back on charge – if the battery goes flat, it will take a couple of days to re-load your historical energy usage.

If you stray out of range and lose your connection, bring the Smart Energy Tracker closer to your Smart meter.
With you so far. Tell me more.
**1 Colour display**
Here’s where you get to see all the information about your energy use.

**2 OK button**
Press and hold this button to switch on. Use it to confirm your choices when you’re scrolling through the menus.

**3 Up, down, back buttons**
Use these buttons to work your way through the different menus.

**4 Usage light**
Glowing green, amber, or red you can see at a glance whether your energy use is below target, on target, or over.

**5 Battery cover**
Remove the cover to slot in or take out the battery.

**6 Charging point**
The Smart Energy Tracker comes with its own USB power adapter. Plug it in here to charge up the battery.
Great. What next?

Now you’ll need to connect the Smart Energy Tracker with your smart meter, and after a short time you can start following your energy use.

If you’ve received your Smart Energy Tracker while your smart meter was being installed, our technician will connect the device for you.

But if you already had a smart meter and we’ve posted your Smart Energy Tracker to you, you’ll need to call us on 0345 071 3991 and we can connect your device remotely.
Let’s see what it can do

Set your own targets for the amount of energy you use and you’ll be able to see how you’re performing against them. The usage light will tell you at a glance if you’re below your set target (green), on target (amber) or above (red).

You can even register your gas and electric accounts at sse.co.uk/login to be able to view your energy use online.

And depending on the frequency of the meter readings you choose, you’ll be able to compare usage by day, week and month.
How do I set targets for my energy use?

The great thing about the Smart Energy Tracker is that it really lets you take control of your energy use. To help you do that, you can set targets for your household and see how your actual energy use measures up. So, for example, you can set yourself a daily budget and your Smart Energy Tracker will tell you how you’re doing.

When you set a target for your energy use, your Smart Energy Tracker will set a threshold that will be shown at the bottom of the screen. Your usage light will then glow different colours to let you know if you’re under target (green), on target (amber) or over (red).
I’m ready.  
Walk me through it.

1 Pop the battery in

Remove the battery cover and slot in the battery that came with your Smart Energy Tracker.

Replace the cover.
2 Plug in the mains adapter

3 Get going

Only use the USB adapter that came with your Smart Energy Tracker. Make sure the connector is the right way round.

Your Smart Energy Tracker should power on itself. If not, just press and hold OK.
Please note: Your device will refer to a SmartView+. This is the same as your Smart Energy Tracker.

4 Connect your smart meter

Our technician will connect your smart meter, unless we posted your device to you, in which case just give us a call and we’ll connect it for you remotely.

Here’s what you’ll see on the screen when it’s connecting.
The full picture of your energy use appears after two days. Make sure you keep the battery charged.

5 Quick tutorial

All Done!
Your meter and your SmartView+ are now paired up.

SmartView Tutorial
Skip Tutorial

6 You’re in business

Here’s your current electricity usage. This updates every 8 seconds
Pressing will cycle between cost, energy or CO2

After a short time you should be able to see how much energy you’re using.

The first time you switch on your device, it’ll give you the option to run through a quick tutorial.
All done. So what’s next?

Now you’re up and running. But there’s a whole load more you can do with your new Smart Energy Tracker.

You’ll find everything you need to know in our full guide:

- Download our full guide on our website. Click on ‘Smart Energy Tracker’ in the help and advice section.
- Or request a printed copy by calling us: 0345 071 3991.
Anything else we can help you with?

As an SSE customer, there are plenty of other ways we can help you do more.

**tado° smart thermostat**
Control your heating from your smartphone, wherever you are.

**SSE Reward**
Sign up and get tickets for any event at The SSE Arena, Wembley or The SSE Hydro 48 hours before general release. ssereward.com

**Phone & Broadband**
Stay in touch with a range of great value, flexible packages. To find out more visit the ‘Phone & Broadband’ section of our website or call us on: 0345 071 9498.

**Home Services**
Get it covered with our range of service and repair plans for your boiler. To find out more visit the ‘Home Services’ section of our website or call us on: 0345 078 6771.
Taking a smart view of your energy

Need help?

sse.co.uk

0345 071 3991
Mon-Fri 8am-8pm
Sat 8am-2pm